



## Directions for Essex Pleated Mask in Two Sizes for Children/Youth

(January 20, 2022)

The directions/instructions including the method for making pleats by folding and pressing are the same as the instructions for the adult sized mask with two changes 1) Sizes have been scaled down based on published data on child facial measurements, and 2) If elastic is use, it is recommended to be tied loosely rather than sewn because of variation in children's faces/heads. 3) **It is not recommended to use ties for small children due to the risk of strangulation.**

Measurements are outlined for each size. Recommended ages are approximate. Preteens and teens may require an adult sized mask.

### ***Small Child/Preschool-Grade 2***

(2) 6" x 6" squares

(2) 2.5" x 4" rectangles for channels

8" of elastic or ½" ties, please note, the person must be able to remove the mask by themselves

### ***Older Child/Youth/Grades 3-7/8, adults may also prefer this size***

(2) 7.5"x 7.5" squares

(2) 2.5" x 4" rectangles for channels

8" of elastic or ½" ties, please note, the children must be able to remove the mask by themselves